

## **ADVANCED FOOT CLINICS**

Dr. Stephen S. Pirotta, D.P.M.

### **INSTRUCTIONS FOLLOWING MATRIXECTOMY**

1. When anesthesia wears off take Tylenol for pain.

Adults & Adolescents (age 12 and older):

Take 1000 milligrams ever 6-8 hours

Children age \_\_\_\_\_ take \_\_\_\_\_ milligrams every 5-6 hours.

2. Keep bandage on for the next 24 hours. Please keep dry.
3. After 24 hours, soak through the bandage in warm water & Epsom salts. Use 1 tablespoon of Epsom salts for each quart of water. After soaking for 20 minutes, slowly remove the bandage. Do this each morning and evening for 10 – 15 minutes each time for the next 2 weeks.
4. After soaks, pat dry, and then place a dab of antibacterial cream back at the base where the nail root grows.
5. Cover the area with a bandaid.
6. If there are any problems, please call the office.
7. Next Appointment \_\_\_\_\_

(If you are having problems, and need to speak to the Doctor after hours, dial (479) 444-9955 for Fayetteville and (479) 633-8100 for Rogers or 1-800-900-8516 for toll free number, and leave a message with the answering service.)