

Advanced Foot Clinics

Dr. Stephen S. Pirotta

PREOPERATIVE PATIENT INSTRUCTIONS FOR _____

SCHEDULED FOR SURGERY ON _____

1. If you think you will have trouble sleeping the night before surgery, let us know.
2. You may eat a light meal and not too many liquids.
3. If you are on any daily medications be sure to take them as directed.
4. Have a responsible person accompany you to the doctor's office and arrange transportation home after surgery. You will be at the office/surgery center/hospital approximately 2 hours. (Most of this time is consumed preparing for surgery.)
5. If you have a good book or crossword puzzle, bring it with you. This helps pass the time.
6. Please wear something comfortable. You will be in our surgery chair for a while, if done at another facility, you will be changing out of your clothes. The surgery room is usually fairly cool, but it is easier to make you warmer than to remove clothing to get you cooler.
7. PLEASE REMOVE ANY NAIL POLISH FROM TOENAILS.
8. If you have any questions, please feel free to call and ask us at 479-444-9955 Fayetteville, 479-633-8100 Rogers, or 1-800-900-8516 Toll Free.